

Power of One

Georgia State Event Guidelines



Description: Power of One helps students find and use their personal power. Members set their own goals, work to achieve them and enjoy the results. The skills members learn in Power of One help them now and in the future in school, with friends and family.

In order to be recognized and receive a pin at the Georgia FCCLA State Leadership Conference, students must create a portfolio with artifacts of each Power of One unit completed.

Guidelines:

1. All Georgia affiliated FCCLA chapter members are eligible to participate.
2. Competitors must register for and attend the entire conference to officially enter the Power of One State event. Competitors must also register for the Power of One event to be eligible to compete.
3. The cost to participate in the Power of One event is \$5 per participant.
4. All Power of One competitors completing all portions of the checklist and interview will receive a Power of One Lapel Pin and be recognized on stage during the Awards Ceremony.
5. Competitors must complete all five units of Power of One: A Better You, Family Ties, Working on Working, Take the Lead and Speak Out for FCCLA.
6. Competitors must complete the following per unit:
 - a. [Project page/slide](#): Complete the items on the [project page](#)
 - b. Resource page/slide: People, publications and community agencies used to complete the project (A consistent format of your choosing – MLA, APA – throughout the document)
 - c. Letter of recommendation: Secure a letter from an adult speaking to the project and how it was completed
7. Competitors must provide all completed documents as listed above in hard copy or electronic portfolio.
 - a. Hard Copy Portfolio: All items listed in #6 above, along with a cover page, the completed [Five Unit Recognition Application](#) and divider pages for each unit must be included in a binder. The binder can be any 3 ring binder, preferably black, white or red. Divider pages must contain at least the name of the unit and can be covered in decorations. Divider pages may or may not have tabs. The cover page may be decorative in nature.
 - b. Electronic Portfolio: An electronic portfolio may be either in PowerPoint, Prezi, or other electronic format that can be viewed by the judges prior to the interview. The electronic portfolio and the hardware (method) to view it (i.e., equipment, files, projectors,

screens, laptops) will be provided by the competitor. The competitor assumes the responsibility of providing the technology used to show the judges the project. Internet access will not be available. All items listed in #6 above, along with a title slide, the completed [Five Unit Recognition Application](#) and divider slides for each unit must be included in the electronic portfolio. Divider slides must contain at least the name of the unit and can include decorations. Competitors may use more than one slide per unit project “page” and resource “page”. Project page/slide(s) will include all steps found on the [project page](#). Letters of recommendation and the Five Unit Recognition Application can be scanned and added to the electronic portfolio.

8. Competitors will be interviewed by at least one adult at the State Leadership Conference. The interviewers will complete the interviewer checklist. In order to be considered for recognition, every line must be checked off by the interviewers.
9. Competitors should be dressed in professional wear.
10. This event is closed to spectators.
11. There is no limit to the number of members per chapter to compete in this event.
12. Members may not compete in other events at the State Leadership Conference.

NOTE: A student may still participate in the Power of One national program by completing the [Five Unit Recognition Application](#), [submitting documentation to Georgia FCCLA](#), and [following the registering process \(through the online affiliation system\)](#) without completing this event. Power of One pins will only be given to those completing the portfolio.



Power of One Checklist



Listed below are those items, which need to be included or addressed in the Power of One event:

- Register for Power of One as a part of the State Leadership Conference registration system, by the registration deadline
- Portfolio (Hard Copy or Electronic) with the following information:
 - Cover Page/Slide with Competitor Name and School
 - Power of One Checklist
 - Power of One Interviewer Checklist
 - [Five Unit Recognition Application](#) completed (typed) and signed by the adviser
 - *A Better You* divider/slide
 - *A Better You* Completed [Project Sheet](#)/slide(s)
 - *A Better You* Resource Page/slide (people, publications and community agencies used)
 - *A Better You* Letter of Recommendation
 - *Family Ties* divider/slide
 - *Family Ties* Completed [Project Sheet](#)/slide(s)
 - *Family Ties* Resource Page/slide (people, publications and community agencies used)
 - *Family Ties* Letter of Recommendation
 - *Working on Working* divider/slide
 - *Working on Working* Completed [Project Sheet](#)/slide(s)
 - *Working on Working* Resource Page/slide (people, publications and community agencies used)
 - *Working on Working* Letter of Recommendation
 - *Take the Lead* divider/slide
 - *Take the Lead* Completed [Project Sheet](#)/slide(s)
 - *Take the Lead* Resource Page/slide (people, publications and community agencies used)
 - *Take the Lead* Letter of Recommendation
 - *Speak Out for FCCLA* divider/slide
 - *Speak Out for FCCLA* Completed [Project Sheet](#)/slide(s)
 - *Speak Out for FCCLA* Resource Page/slide (people, publications and community agencies used)
 - *Speak Out for FCCLA* Letter of Recommendation
- By March 1st, the [local adviser should select the competitors name as a Power of One completer](#) through the [National FCCLA registration system](#)
- By March 1st, the completed [Five Unit Recognition Application](#) should be [submitted to Georgia FCCLA](#)
- If instructions are not followed by March 1st, the student can still be recognized as a Power of One completer at the state level, but will not be listed as a national Power of One completer

Power of One Interviewer Checklist



GEORGIA
STATE ASSOCIATION

Name:

School:

Have you previously completed and received the Power of One Award? Yes No

Criteria	Check	Comments
Completed (typed) Five Unit Recognition Application		
<i>A Better You</i> divider/slide		
A Better You Completed Project Sheet/slide(s)		
<i>A Better You</i> Resource Page/slide(s)		
<i>A Better You</i> Letter of Recommendation		
<i>Family Ties</i> divider/slide		
Family Ties Completed Project Sheet/slide(s)		
<i>Family Ties</i> Resource Page/slide(s)		
<i>Family Ties</i> Letter of Recommendation		
<i>Working on Working</i> divider/slide		
Working on Working Completed Project Sheet/slide(s)		

<i>Working on Working Resource</i> Page/slide(s)		
<i>Working on Working Letter of Recommendation</i>		
<i>Take the Lead divider/slide</i>		
<u>Take the Lead Completed Project Sheet/slide(s)</u>		
<i>Take the Lead Resource Page/slide(s)</i>		
<i>Take the Lead Letter of Recommendation</i>		
<i>Speak Out for FCCLA divider/slide</i>		
<u>Speak Out for FCCLA Completed Project Sheet/slide(s)</u>		
<i>Speak Out for FCCLA Resource Page/slide(s)</i>		
<i>Speak Out for FCCLA Letter of Recommendation</i>		
<i>Interview:</i> Explanation of how the units were completed		

General Questions:

- Why did you develop each goal?
- Explain how you planned at least one of your five units.
- If you could change anything about one of your projects, what would it be?
- How have you grown from doing these projects?
- How will you use what you have learned?