

## 2021 Virtual Run4STARS 5K Information



### What is Georgia FCCLA's Virtual Run4STARS 5K?

The Run4STARS 5K helps provide funds for the Georgia FCCLA Foundation. The Georgia FCCLA Foundation supports national STAR Events competitors. We encourage you to run, walk, or jog to support Family and Consumer Sciences education.

Participants can run, walk, or jog outside or on a treadmill from any location of their choosing. Invite your chapter members, family, and others in your community to join you in person or virtually for the 5k and HAVE FUN!! (Remember to follow your local mandated social distancing guidelines.)

### When is the Georgia FCCLA's 2020 Virtual Run4STARS 5K?

February 8-13, 2021 in conjunction with FCCLA Week!

Run, walk, or jog 3.1 miles from Monday, February 8 to Saturday, February 13 to complete the virtual 5K.

### Who Can Participate?

The Virtual Run4STARS 5K is open to **EVERYONE** !! Any chapter member, adviser, or FCCLA supporter can participate in Georgia FCCLA's 2021 Virtual Run4STARS 5K from any location.

### When is Registration?

NOW!! Deadline to register is February 1, 2021.

Each participant will register in one of three categories: FCCLA Member, FCCLA Adviser, and FCCLA Supporter.

### [Registration Link](#)

### What is the Cost of Registration?

Each registration is \$25 (includes a short-sleeve t-shirt). Design is found below.

There are three ways to pay registration:

1. Venmo @Georgia-FCCLA (Please indicate Run4STARS 5K)
2. QuickBooks for Credit Card Payment (3% processing fee will be incurred)
3. Checks make payable to: Georgia FCCLA Foundation
  - Mail checks to:
    - Georgia FCCLA
    - P.O. Box 840,
    - Bogart, GA 30622
  - Postmarked February 1<sup>st</sup>, 2021

Payment for Registration is due on February 1<sup>st</sup>, 2021



## How Do I Participate?

All you need to do is run, walk, or jog the distance of a 5K (3.1 miles) between February 8 through February 13, 2021.

### Custom Bib

Your custom bib will be emailed to you by Wednesday, February 3, 2021. Print it and pin it to your shirt, snap a photo, and send it to Georgia FCCLA at [gafcsprogramspecialist@gmail.com](mailto:gafcsprogramspecialist@gmail.com) AND post a picture with it on social media!

### Submit Your Results

After completing the Virtual Run4STARS 5K, submit your final mileage and total time to Georgia FCCLA. Each participant will need to submit documentation of their mileage and time via the results submission form.

The top 3 winners in each category (FCCLA chapter member, FCCLA adviser, and FCCLA supporter) will receive a custom prize.

### [Results Submission Form](#)

## Let's Celebrate!

We want to hear about your Virtual Run4STARS experience!

Take photos and videos during your run/walk/jog and tag us at **#virtualrun4stars** and **#georgiafccla** on your social posts. Photos and videos you send us will be included in our celebration video shown during the 2021 State Leadership Conference.

These photos and videos must be emailed to [gafcsprogramspecialist@gmail.com](mailto:gafcsprogramspecialist@gmail.com) by Sunday, February 14th to be included in the video celebration.

*Please note: by sending the photos to us, you grant Georgia FCCLA the absolute right and permission to use your picture, digital images or video for any lawful purpose whatsoever, including but not limited to use in any Georgia FCCLA publication, FCCLA video, or on the FCCLA website, without payment or consideration.*

Have FUN and be PROUD of your accomplishment! We can't wait to see and hear about your Virtual Run4STARS 5K experience!

## Questions?

Please email [gafcsprogramspecialist@gmail.com](mailto:gafcsprogramspecialist@gmail.com) or call 470-755-8523.

