

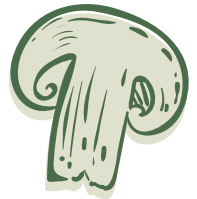
GACHEF Inc.
A Foundation for Culinary Arts Education



MIDDLE SCHOOL CULINARY CAMP

with GaCHEF Executive Director

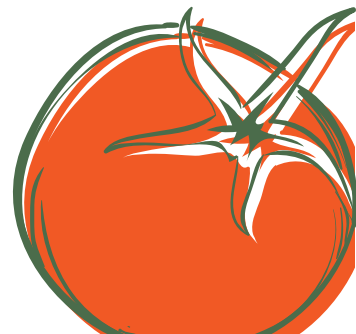
Debra Stevens



December 1st-3rd

@ Georgia FFA-FCCLA Center
in Covington, GA

2022





WHO: Middle School FACS Students/FCCLA Members & Advisers
WHAT: Georgia FCCLA Middle School Culinary Bootcamp
WHEN: December 1-3, 2022
WHERE: Georgia FFA-FCCLA Center in Covington, GA
COST: \$75 per person

Description

The Middle School Culinary Boot Camp is an opportunity for middle school chapters to participate in this hands-on culinary training.

The schedule of events is based off the middle school culinary curriculum. Members can learn more about healthy snacks, lunches and entrees, as well as basic culinary skills such as measuring, basic equipment use and safety and sanitation.

Registration

Registration is all online, [HERE](#).

Registration is limited to the first 40 participants with only 5 students per school.

Registration deadline is Friday, November 18th by 3:00 PM.

All students and members registered at midnight on the deadline date are obligated to pay. No refunds after the deadline.

Students must be affiliated FCCLA members for the 2022-2023 school year. Advisers are required to attend the event with their students.

Cost:

The \$75 fee includes lodging, meals, supplies for hands-on activities, access to camp amenities. Payment postmark deadline is November 22nd.

Location

The Georgia FFA-FCCLA Center is located near Covington, Georgia.

Visit <http://www.georgiaffacamp.org/MapsDirections> for directions and more information about the campgrounds.

Dress Code

During labs, all attendees must wear:

- Closed toe shoes
- Hair pulled back
- Long pants (extra just in case)
- Apron



Packing List

There are several items that you will need to bring to ensure the students have a great hands-on experience. There should be enough items brought so they can be shared among all your students.

ITEMS TO BRING:

- Completed Multiple Release Form
- See the Dress Code
- Pajamas
- Water bottle (Anything to drink except energy drinks)
- Personal grooming items (deodorant, toothbrush, toothpaste, etc.)
- Soap/shampoo/hand soap
- Linens – twin size sheets and blanket or sleeping bag, pillow
- Towels/washcloths
- Winter Jacket and Gloves

Culinary Items to Bring:

Each Chapter/Group Needs

- Dry measuring cups
- Liquid measuring cup (1 cup & 4 cup)
- 1 set measuring spoons
- Garnishing tools
- Medium mixing bowl
- Whisk
- Wooden or plastic spoon
- Rubber scraper
- Hand mixer
- 2 Half-size cookie sheets
- 2 2-inch hotel pans
- 2 sani buckets
- Dishcloths
- Dish towels
- Sauté pan
- 2 qt pot
- Gas burner

Each Student Needs

- Paring knife
- Cutting board
- 1 place setting (1 of each)
 - Dinner plate
 - Salad plate
 - Dessert plate
 - Bowl
 - Drinking Glass
 - Flatware
 - Fork
 - Salad fork
 - Dessert fork
 - Teaspoon
 - Dessert spoon
 - Knife



Tentative Agenda

**Subject to change*

Thursday, December 1st, 2022

- 6:00 pm Registration
- 7:00 pm Mise en place
- Small equipment
- Safety and sanitation
- 10:00 pm Curfew

Friday, December 2nd, 2022

- 7:30 am Breakfast
- 8:00 am Healthy snacks
- Healthy lunches
- 12:00 pm Lunch
- 1:00 pm Healthy entrees
- Portioning and plate presentation
- 5:00 pm Dinner
- 6:00 pm Mystery basket activity
- 8:00 pm Campfire with Smores
- 10:00 pm Curfew

Saturday, December 3rd, 2022

- 7:30 am Breakfast and Cabin check out
- 8:00 am Pastries
- Biscuits
- 12:00 pm Departure – no lunch provided

Middle School Culinary Bootcamp Checklist	
November 18th By 3:00 PM	Registration Deadline Link to Register
November 28th	Payment Postmark Deadline Send payment to: Georgia FCCLA PO Box 840 Bogart, GA 30622
December 1-3	Middle School Culinary Bootcamp Georgia FFA-FCCLA Center <ul style="list-style-type: none"> ● Bring completed FCCLA Multiple Release Form ● See Packing List