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## Monroe Area FCCLA

The Family, Career and Community Leaders of America (FCCLA) provides its members with the chance to enhance their leadership abilities and acquire life skills that are essential in both the home and workplace. These skills include goal-setting, planning, problem-solving, decision-making, and interpersonal communication.



## NATIONAL PROGRAMS

## Introduction:

FCCLA offers eight nationwide programs to help students create real-world skills in family and consumer sciences. Each National Program is intended to be integrated into the FCS classroom to reinforce courses and provide chances for hands-on practice.

Career Connection **(** 

Career Connection assists individuals in learning more about themselves, the workplace, and future careers to set themselves up for success. The projects that members do around Career Connection units will give them the confidence to face the thousands of overwhelming possibilities that await them in their careers in the future.

#### Community Service

The Community Service program guides members to identify local concerns and carry out projects to improve the quality of life in their communities. Through their projects, members experience character development and improve their critical and creative thinking, interpersonal communication, practical knowledge, and career preparation.

CAREER CONNECTION

SERVIC

FAMILIES

**FACTS** FAMILIES ACTING FOR COMMUNITY TRAFFIC SAFETY

FINANCIAL

POWFR

#### FACTS:

Families Acting for Community Traffic Safety (FACTS) gives members the information and incentives they need to build an understanding of what it means to drive safely, both today and in the future. Through their projects, members work to educate adults and peers about traffic safety and support enforcement of local rules and regulations. FCCLA members are given the tools to help families promote basic safety attitudes that can last a lifetime.

#### **Families First**

Families First is a national FCCLA peer education program that encourages young people to learn about, understand, and enjoy all elements of family and family life

#### Financial Fitness

Financial Fitness encourages members to teach one another how to earn, spend, save, and preserve money properly. FCCLA's Financial Fitness program allows members to develop and carry out initiatives that teach them and their peers how to be sensible financial managers and consumers. FCCLA members can improve their peers' financial literacy and educate them on how to manage their finances. This contains 4 units spending, earning, saving and protecting.

#### **Power of One**

Power of One helps members to find and use their power. Members set their own goals, work to achieve them, and enjoy the results. The skills members learn in Power of One help them now and in the future with school, friends and family, and on the job.

#### Stand Up

The FCCLA Stand Up nationwide peer education program helps members organize, plan, implement, and evaluate advocacy initiatives that improve the quality of life in their communities. Members use their voices to make a positive difference. Members build their character by working on projects that strengthen their critical and creative thinking, interpersonal communication, leadership, practical knowledge, and career preparedness.

### **Student Body**

The Student Body program helps members learn to make informed, responsible choices for their physical and mental health while also providing opportunities to teach others. The teen years are an ideal time to establish healthy attitudes and habits to last a lifetime, which is why Student Body gives members the facts and incentives they need to build a healthy body.

